



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.

Grand Knight's Corner



Officers for this Fraternal Year

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BROTHERS,

Seasons Greetings Brothers!

Sandy and I wish all of you a safe and joyous holiday season. Thank you for all the good work you do throughout the year to support our church, our families, each other and, yes, our Lord and Savior, Jesus Christ. It is truly a blessing to be part of the Knights of Columbus and to enjoy your friendship, brotherhood, and support.

VIVAT JESUS!!!

Jerry Hart
Grand Knight

Promoting K of C Awareness

Brothers, we are all aware of the attacks on the family as a unit and an institution, and we are constantly witness to attacks on our faith, even to the point where the federal government is suing a Catholic College to pay for birth control in its medical plan. As Knights we stand against such things, but we need to do more so that people know what we do and why. We're not a beer club for old guys, although beer after meetings is a nice perk. If you have an idea to better promote awareness of what we do, please share your idea! Check us out on the web (www.kofc8240.org) & on FaceBook www.facebook.com/home.php?#!/group.php?gid=301533184318

Degree Exemplification

Within the Knights of Columbus there are several degrees, each providing the member valuable lessons. The **First Degree** teaches the lesson of charity, and upon completion he is considered a Knight of Columbus and can participate in all council activities. First Degree members are encouraged to attain the **Second** and **Third Degrees**, which teach the lessons of unity and fraternity. Upon taking the **Third Degree**, a member receives full honors of Knighthood and is "Knighthood." Privileges of **Third Degree** membership include the ability to serve as a local council officer, and admission to state and Supreme Council business meetings. **First** and **Second Degree** members can attend the state and Supreme Council meetings, but they are not allowed in the business sessions. **Upcoming Exemplifications:** Please see the calendar for dates and locations



Your Prayers are requested for:

Members of the Armed Forces and other Americans in harm's way, Joe Dobbins, Al and Gina Vendt, Alfred and Rita Basile, Bob Stermer, Anthony Gravina, Steven Quigley, Rick Aleksy PSD, Ed Boone, John Lawrence, Mary Hunt, Mary Fallon, Lou Detore, Stephen Dobraniecki, Ilka Dobraniecki, Mike Smith, Marcella Lynch, Betancourt and Quinonez family, Alexander Daiber, Bill Meznarich, Emith James Olenick, Henry Landi, Patricia Lehman, Leigh Trocine, Janice O'Connor, Tom O'Connor, Lauren Goetzmann, Trish Brigham, Carrie Perez, Paula Francois, Ted Shafer, John Patrick Nicholson, Corey Scribner, Matie Cordoba, Rey Rodriguez, Willie Moraleta, Leon Discavage, Catherine Discavage, Bruce Pitre, Victor Williams, Bob Juhnden, Mark Woods, Jim Reo, Theresa Ricci, Stephen Clock Sr., Kathy Kiley, Hattie Schroeder, Gary Schuchardt, Jack and Shirley Markham, Patricia Gardener, Frank Moore, Hyeja Billie, Margaret Frankenberger, Marilyn Buck, Barbara Lynch, Joan Gorman, Mr. & Mrs. Lollar, Ms. Armistead, Ms. Mary Jones, all the poor souls in Purgatory, Seminarians Sean Koehr and Sean Kenney who are supported by this council, for other individuals considering a religious vocation, and for any person in most need of God's help.

Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me... Matthew 25:40 USCCB.org



The McGivney Prayer

God, our Father, protector of the poor and defender of the widow and orphan, you called your priest, Father Michael J. McGivney, to be an apostle of Christian family life and to lead the young to the generous service of their neighbor. Through the example of his life and virtue may we follow your Son, Jesus Christ, more closely, fulfilling his commandment of charity and building up his Body which is the Church. Let the inspiration of your servant prompt us to greater confidence in your love so that we may continue his work of caring for the needy and the outcast. We humbly ask that you glorify your venerable servant Father Michael J. McGivney on earth according to the design of your holy will. Through his intercession, grant the favor I now present (here make your request). Through Christ our Lord. Amen.

Treasurer's Report:
Is on file with the Council Treasurer and may be viewed upon request.

Council 8240 Calendar Jun-Aug 2018



December 2018 <small>As of 24 Jul 2018</small>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Submit Columbian Award Application Form SP-7 8:00 – 10:100 Men's Breakfast
2	3	4	5	6 7:30 PM Assembly 2185 Meeting 1 st Degree Ceremony St. Stephens @7pm	7 8:30-12:00 am First Friday Council Christmas Party	8
9	10	11	12	13 7:30 PM Council 8240 Business Meeting	14	15 FOM Submission due to State
16	17	18	19	20	21	22
23	24	25 Christmas Day	26	27 7:30 PM Council Social	28	29
30		Submit Columbian Award Application Form SP-7 ... due December 1				



Discover a World
of Good Things in
the Knights of
Columbus



Marian Devotion



Mother of Mercy
O Mary, Mother of
Mercy, watch over
all people, that the
Cross of Christ may not
be emptied of its power,
that man may not stray
from the path of the
good or become blind to
sin, but may put his

hope ever more fully in
God who is “rich in
mercy.”
May he carry out the
good works prepared
By God beforehand and
so live completely “for
the praise of his glory.”

Saint John Paul II



Charity

Unity

Fraternity

Patriotism

In Memoria— We recognize all Brother Knights that served this Council proudly and proceed us in death. May His perpetual light shine upon them always.



To join the guild (it's free) or to learn more about it go to: www.fathermcgivney.org/mcg/en/contact/register.html

In service to One, In service to all



Culture of Life

"Human life is sacred and inviolable at every moment of existence, including the initial phase which precedes birth. All human beings, from their mother's womb, belong to God who searches them and knows them, who forms them and knits them together with his own hands, who gazes on them when they are tiny shapeless embryos and already sees in them the adults of tomorrow whose days are numbered and whose vocation is even now written in the 'book of life.' There too, when they are still in their mothers' womb—as many passages of the Bible bear witness—they are the personal objects of God's loving and fatherly providence." (*Evangelium Vitae*, 61). Read more at the following: http://www.kofc.org/un/en/public_policy/prolife.html

Save
Unborn



The March For Life is scheduled for January 18, 2019 in Washington D.C. . More information will be shared as soon as it is received.



Patriotic Degree Exemplification – Please contact FN Shawn Huffaker (vt96mechengr@verizon.net) PFN/PGK Tony Hayward (tonyhayward107@gmail.com), or PFN Mike O'Connor (aconnorirish@hotmail.com) for additional information on the next Patriotic (4th Degree) Exemplification. All 3rd Degree Knights are encouraged to attend. All 1st and 2nd Degree Knights are encouraged to work towards the 3rd Degree to be eligible for the 4th Degree.

COUNCIL 8240's OWN ONLINE STORE. For shirts, t-shirts, aprons, bags etc. The Queensboro Company has set up for Council 8240 our own online store. All the items include free embroidery and \$1 comes back to the council for each item sold. Our online store website is <http://kofc8240.qbstores.com> and also is accessible through our council website. You are NOT required to register, but if you register your e-mail address you can get automatic notification of sales and promotions.

Field Agent Message



Your Field Agent, Kevin T. Moran



The Financial Bubble, are you protected when it bursts??

Many of us have our retirement funds in products that are driven by the DOW, NASDAQ, S&P 500 and others. Are you watching what is happening in the markets? If you are over 55 do you think you have time to recover when the bubble bursts? Probably not!

As the time tested saying goes, "you are responsible for your money!" and this statement resonates more today than ever before.

2.20%

The Knights of Columbus IRA, ROTH, Cash Annuities are paying 2.20% for new monies and are guaranteed at a basement of 1.5%. These figures are better than any CD you can buy in this market and we do not charge management fees or commissions. How can you beat that?

Any financial person that knows their trade will tell you, what we are experiencing on Wall Street is not sustainable. So what are you to do?

As a member of the Knights or married to a Knight, you are eligible to participate in our guaranteed growth products. If you are not guaranteeing your financial future, you should.

If you are not an "owner" of the Knights, you should explore the opportunity to protect your financial future and the future of your family.

If any of this sounds good to you or if you have any questions about what type of account you currently own, then please call us! **495 - 1492 (just like Columbus)**

We look forward to your call!!

Kevin and Team

"Excellence in Life Planning®"

Kevin T. Moran • The Moran Practice, LLC • The Abbate Agency, LLC • Knights of Columbus

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KOVAR

A Virginia Knights of Columbus Charity established in 1971 to provide financial assistance through grants and home loans to tax exempt organizations providing training and assistance to citizens with intellectual disabilities.

"Give Jesus your heart to love and your hands to serve. Be His light, His fire of love amongst the poor." Recognizing, as Blessed Mother Theresa did, that the greatest poverty today is to be unloved and unwanted, we are called first to receive God's love in our hearts and then carry that love to our homes, our communities and our neighborhoods. KOVAR is an important ministry that helps those among us who need us the most. It is a wonderful family event that allows us to share with our children the joy of providing service to others. Blessed Mother Theresa provided us all with a worthy example to follow, please contact Brother Stephen Clock, sjclock@phoenix-group.com (757) 615-2367 to volunteer with KOVAR."



October Council Open House



Wanted

New Brother Knights – The longevity of the council depends upon continuously bringing in new members. Please provide Chancellor Marty Kelly and the Admissions Committee the names of any Catholic gentlemen that want to join the Knights of Columbus.

Admissions interviews should be conducted prior to reading new applications during scheduled business meetings.



KNIGHTS OF COLUMBUS

IN SERVICE TO ONE. IN SERVICE TO ALL.

At Prince of Peace, we Knights rarely talk about what all we do or brag about our accomplishments. In fact, only a few people at the church really have an appreciation for who we are, what all we do, and how much we support the Church, Community, and its Families. But, sometimes it is good to remind ourselves and others about our responsibilities and accomplishments, and to look back at some of what we were able to do this past year. In no particular order or priority, they include:

- Collected and donated over \$11,000 to local charities such as Special Olympics, Right to Life, Bishop Sullivan Catholic High School, Boy Scouts, Veterans Assistance, Individuals with Learning Disabilities (KOVAR), Chesapeake Free Clinic, Wheelchair Program, and many more.
- Provided manpower and support for the Church's Spaghetti Dinner Fundraiser, Annual Christmas Tree Sales, Big Yard Sale, Craft Fair, Youth Group, Grand Group, and Prayer Shawl Group ... just to name a few.
- Provided manpower and support for the Church's Advent Tree Program, Keep Christ in Christmas (KCIC) Card Sales, Faith Coalition Works, Haiti Orphanage Project, and Food Pantry.
- Provided financial support (yep, we buy and cook the pig!) and manpower for the Church's picnic.
- Donated to the Virginia Ultrasound Program and Christian Refugee Relief.
- Hosted and conducted the children's annual Soccer Challenge and Free Throw Competition.
- Provide manpower to work and support the Habitat for Humanity Program.
- Obtained a \$2,500 VKCCI grant and installed a new floor for a handicapped parishioner.
- Assisted Father and Deacon with the Masses, First Friday Adorations, Holy Week and Christmas Services, as well as serving as ushers, greeters and Eucharistic Ministers.
- Hosted THREE fish fries during Lent Season, plus a Christmas Party and a Valentine's Dance.
- Sponsored/awarded \$100 grants to the Young Man and Young Woman of the Year at Prince of Peace.
- Provided manpower and assisted with CAST (Shelter the Homeless) program.
- Collected and donated toys for the U.S. Marine Corps "Toys for Tot Program" at Christmas.
- Provided Honor Guards for funeral services of deceased Knights, and continue to help, stay in touch with, and care for their Widows.
All Widows are our invited guests at Knight functions.
- Provided annual financial support to three Seminarians who are on their way to the Holy Orders.
- Provided financial/manpower support to St. Mathews Catholic Grade School in Virginia Beach.
- Worked the "Tap-Tap" Beer Festival to raise money for the Haiti Orphanage program.
- Participated in the annual Chesapeake City Christmas Parade.
- Collected, donated, and helped deliver over 100 Food Baskets and Turkeys to needy families in the area at Thanksgiving time.

Yes, we believe in putting our Faith into Action. The above is just a sampling of what Knights do throughout the year for the Church, the Community, its Families, and, yes, in service to our Savior.

VIVAT JESUS!

WGK J. Hart



ST. JEAN VIANNEY RELIC PILGRIMAGE

Saint Jean Vianney Relic Pilgrimage

Knights of Columbus holding nationwide tour of Curé of Ars Heart

The Shrine of Ars, France, has entrusted to the Knights of Columbus the major relic of St. Jean Vianney's incorrupt heart for a national tour in the U.S., from November 2018 through early June 2019.



The Knights of Columbus welcomes this special opportunity to offer for veneration a major relic of the patron of parish priests, whose holiness and integrity is a model for clergy and laity alike.

Please find below the pilgrimage's schedule and resources for the pilgrimage. The schedule will be updated as new locations are added. Please return to this website for schedule details, which will be added as they become available.

For questions, please email vianney@kofc.org.



Council Calendar continued

January 2019 <small>As of 24 Jul 2018</small>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 New Years Day	2 Send out KOM/FOM NOM request	3 7:30 PM Assembly 2185 Meeting	4 8:30-12:00 am First Friday	5 8:00 Men's Breakfast State Mid Year Meeting Glenn Allen 8:30 AM – 3:00 PM
6	7 KOM/FOM Noms due to GK	8	9	10 7:30 PM Council 8240 Business Meeting	11	12
13	14	15 FOM Submission due to State	16	17 2 nd Degree Ceremony St. Stephens @7:30pm???	18 March for Life Washington D.C.	19
20	21 1st Degree Ceremony St. Mary @7pm	22	23	24 7:30 PM Council Social 7:30 2 nd Degree SSM	25	26
27	28	29	30	31 Annual Fraternal Survey Due Special Olympics (Form 4584) due 2 nd Degree Ceremony St. Stephens @7:30pm???	Annual Survey of Fra- ternal Activity (Form 1728) due January 31 Special Olympics Form Due January 31	

Building the Domestic Church – As you may know, Supreme established the Building the Domestic Church initiative to help build family faith within the parish. Supreme has now asked that each council appoint a Building the Domestic Church Chair Couple. The role of the chair couple is to work with the council's programs team to develop and implement programs that are closely aligned with the goals and missions of the parish and pastor, and help the entire family better understand their Catholic faith and put that faith into practice every day. Council 8240 is blessed to have Vince and Anna Iannacito as our chair couple. Thank you Vince and Anna!!!

Council News



Thanks to SK Tom Murphy for coordinating the Council's Keep Christ In Christmas Card Program. Tom has supported this program for our Council and we are grateful for his dedication and all that he continues to do within the Council and the

Keep Christ in Christmas!





Offered by the
Knights of Columbus











Update: The new Fourth Degree Uniform Implementation extended to June 30, 2019

In August, the Knights of Columbus board of directors unanimously voted to adopt a new uniform for the Fourth Degree. The decision was made with the good of the entire Order in mind. While we understand that some members may prefer the old regalia, the supreme master and vice supreme masters urge all Fourth Degree members to put the good of the Order before any personal preference.

The deadline for implementing the use of the new Fourth Degree uniform has been extended to June 30, 2019. Due to a heavy demand for the new Fourth Degree uniform that has led to backlog in fulfilling orders, the deadline for mandatory use of the new uniform has been extended one year to June 30, 2019.

<http://www.kofc.org/en/news/releases/new-fourth-degree-uniform-faq.html>

Council Calendar continued

Council 8240 Year Calendar 2018- 2019	February 2019 <small>As of 24 Jul 2018</small>					
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 8:30-12:00 am First Friday	2 Special Olym- pics Polar Plunge Virginia Beach
3 Super Bowl	4	5	6	7 7:30 PM Assembly 2185 Meeting	8 KOC Valentine's Dance	9
10	11	12	13	14 Valentines Day 7:30 PM Council 8240 Business Meeting	15 FOM Submission due to State Seminannual Council Audit (Form 1295) due to Supreme	16
17	18	19	20	21	22	23
24	25	26	27	28 7:30 PM Council Social 1 st Degree Ceremony St. Stephens @7pm	Seminannual Council Audit (Form 1295) due to Supreme February 15	

Council Calendar continued

Council 8240 Year Calendar 2018-2019	March 2019 <small>As of 24 Jul 2018</small>					
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 8:30-12:00 am First Friday	2 8:00 AM Men's Breakfast State Meeting Fredericksburg 8:30AM-3:00PM
3	4	5	6 Ash Wednesday	7 7:30 PM Assembly 2185 Meeting	8 Council Fish Fry	9 State Free Throw Competition Richmond
10 Daylight Savings Time Begins	11 7:30 PM St. Matthews 2 nd Degree Lent Begins	12	13	14 7:30 PM Council 8240 Business Meeting	15 FOM Submission due to State	16
17 St. Patrick's Day	18	19	20	21 2 nd Degree Ceremony St. Matthews @7:30pm	22 Council Fish Fry	23
24	25	26	27	28 1 st Degree Ceremony POP @7pm 7:30 PM Council Social	29	30
31						



We are the
Knights of Columbus

Membership News

Online Membership – Supreme has initiated a new online process for practical Catholic gentlemen at least 18 years of age to join the Knights of Columbus. The intent is to streamline the joining process without changing membership requirements or eliminating degrees, councils, and council recruitment. Upon approval, these members will have full access to all benefits of the Knights of Columbus, pay an annual \$30 fee, and belong to the applicable State Council. Virginia went online January 16.

Members who join online will be issued a travel membership card from the State Council. This membership card grants the member access to any council event, **excluding** ceremonials and ceremonial discussions. Should a member that joins online decide to convert to local council membership, he may do so and be subjected to that council's admissions process. If granted admission into a local council, that member will then be allowed to experience the degree celebrations and pay the local council's dues going forward. Unlike traditional member transfers, the council that takes in an online member will be given credit for one new member and one new insurance member (if applicable).

Notices for Council Dues were mailed recently, if you did not receive your notice please contact the Financial Secretary



New Council shed is now in service.

Membership News Council Birthdates

December

Name	Birthday
Mr Theron D Edwards	12-03-1934
Michael R Mastro	12-04-1945
Mr Joseph R Shaffer	12-06-1943
Mr Victor F Gonzalez	12-11-1980
SK Ferris A Hayward PFN, PGK	12-11-1957
Mr Jason A Brown	12-13-1983
Mr Michael E Perry	12-14-1959
Mr. David M Kenney	12-15-1942
Mr David A Linder	12-15-1953
Mr Gerald W England	12-18-1980
Mr Millet C Fadoul	12-22-1978
Mr James Cobell	12-23-1988
Vinoent J Iannacito	12-25-1980
Valentin H Macasaet	12-25-1951
Earl R Chang	12-27-1973
LtCol (Ret) Derek P Wheeler	12-27-1955
Mr Mark A Zaccagnini PGK, FDD	12-28-1981



January

Name	Birthday
Mr George H Houle	01-01-1963
Mr. Richard M Kaser	01-06-1959
Mr Joseph P Schriever	01-06-1985
Mr Justin D Shuma	01-06-1994
Timothy R Weston	01-13-1954
SK Shawn M Huffaker PGK	01-15-1974
Mr Alexander S Francher	01-16-1992
SK Sean P Quinn PGK	01-16-1955
Dario R Espinoza	01-17-1979
SK Walter L Quigley PGK, FDD	01-19-1938
Mr John R Williams Jr	01-19-1945
Mr. Paul J Hughes	01-22-1942
Mr David J Van Petten PGK	01-26-1954
Mr Robert L Stermer Jr	01-27-1935
Reyminigildo Rodriguez	01-28-1952
John A Vetter	01-30-1988
Mr Francis E Peterson	01-31-1932



We are the
Knights of Columbus

Membership News Council Birthdates continued

February

Name	Birthday
Mr Joseph E Mihelic	02-03-1980
SK Thomas M Murphy	02-04-1959
Mr Patrick F Hunt	02-05-1988
Mr. Frank X Kenney	02-05-1953
Mr Ramon Betancourt Jr	02-06-1953
Mr John M Henderson	02-06-1980
Christian M Saxon	02-08-1973
Edward C Billie	02-11-1987
Francisoo J Torres	02-11-1950
Mr Michael P O Connor PFN	02-16-1949
Gerald D Mathers	02-18-1982
Mr Thomas J Kruesi	02-19-1971
Matthew C Molsko	02-21-1971
Mr Daniel R Shuma PGK	02-21-1983
Mr Noli D Fiesta	02-22-1983
Rev Fulgencio L Legaspi	02-26-1957
Mr John A Vinett	02-26-1981
Robert D Ruth	02-28-1977



March

Name	Birthday
Mr Edwin J Costa	03-01-1927
Mr Anton N Hayward	03-02-1994
Mr James R Allen	03-04-1955
Mr Robert J Loehr	03-04-1980
Dr Prince N Nwala	03-04-1988
Reginald E Cyrus	03-05-1983
Mr Matthew H Mouring	03-06-1988
Mr John A O Connor	03-08-1939
SK Christopher U Mulholland PGK	03-09-1958
Walter S Olenick	03-16-1988
Mr Joseph C Bilbo	03-20-1975
Mr Mark L Swears	03-22-1982
Mr Anthony J Gravina	03-23-1928
SK Tommy Rosati PGK, FDD	03-23-1973
Mr Thomas E Klocek	03-24-1947
Mr David S Rivard	03-24-1959
Mr John P Leonard	03-25-1981
Mr Gary A Huff	03-27-1945
Mr Christopher B Janes	03-30-1980
Mr Christopher M Mulholland	03-31-1989

Editorial Comment and Reflection
by J. Branco

Advent: A Time for Prayer and Reflection



Here we are again, a few days removed from the Thanksgiving celebration when we turn to the leftovers of the meal shared with family and friends, catch up on projects around the house, and begin to prepare for the next big celebration just a short month away. It seems somewhat un-fair to think that the blessings we spoke of just a few days ago are now punctuated with the trifecta of “Black Friday, Small Business Saturday, and Cyber Monday.” This seemingly endless blitz begins a season of the bargain sales hype that takes over the headlines and urges us to seek out the good deal. This coupled with the ability for anyone to use their technology device of choice and the “perfect app” promotes the endless promise of finding that perfect gift for everyone on your list. Unfortunately this is often the reality we face in the weeks following Thanksgiving and detracts from the true importance leading up the tremendous gift we should celebrate at Christmas.

While we have grown to realize that the headlines are intended to capture our attention, I am of course hoping that you can see past the hype and focus instead on the true meaning of the season. Starting with December 2nd we should “look for the good deal” beginning with the Church’s liturgical year more commonly known as Advent; which in Latin is known as “ad-venire” or “to come to”. In this time of preparation we are called to reflect with hearts and minds on Christ’s second coming at the end of time and to understand the great significance of the birth of the infant Jesus. The Advent sea-son is truly filled with reminder “apps” that we can use in seeking out the perfect gift of all. By now you may be wondering just what those “apps” may be so here they are... the Advent wreath and calendar. Although these may be considered low tech solutions they are none the less proven solutions making it easier for you to prepare for the celebration of the Nativity of our Lord.

This time of year, this Advent season, should not be marked only by sales hype but in the spirit of expectation, of anticipation, and of longing. It should be remembered that Advent is a time of preparation and prayer in a hope renewed in the reign of an Anointed One, a Messiah, who will bring peace, justice, and righteousness to the world. Our Advent devotions are therefore a reminder to us of the meaning of the season and help us fully enter into the holiday spirit with daily activity and prayer. Perhaps if we reformatted our “hard drives” and rewired our personal experiences with the divine we would see that raising one’s mind and heart to God through prayer remains as His “technology of choice.”

VJ
Merry Christmas to all my Council and Assembly Brothers,
J. Branco

Credits: <http://www.kofc.org/un/en/cis/devotional>
<http://www.usccb.org/prayer-and-worship/liturgical-year/advent/index.cfm>
<http://www.criovoice.org/cyadvent.html>

How to Pray the Rosary

From the USCCB ----- HOW TO PRAY THE ROSARY -----

The Rosary is a Scripture-based prayer. It begins with the *Apostles' Creed*, which summarizes the great mysteries of the Catholic faith. The *Our Father*, which introduces each mystery, is from the Gospels. The first part of the *Hail Mary* is the angel's words announcing Christ's birth and Elizabeth's greeting to Mary. St. Pius V officially added the second part of the *Hail Mary*. The Mysteries of the Rosary center on the events of Christ's life. There are four sets of Mysteries: Joyful, Sorrowful, Glorious and--added by Pope John Paul II in 2002--the Luminous.

The repetition in the Rosary is meant to lead one into restful and contemplative prayer related to each Mystery. The gentle repetition of the words helps us to enter into the silence of our hearts, where Christ's spirit dwells. The Rosary can be said privately or with a group.

The **Five Joyful Mysteries** are traditionally prayed on the Mondays, Saturdays, and Sundays of Advent:

The Annunciation

The Visitation

The Nativity

The Presentation in the Temple

The Finding in the Temple

The **Five Sorrowful Mysteries** are traditionally prayed on the Tuesday, Friday, and Sundays of Lent:

The Agony in the Garden

The Scourging at the Pillar

The Crowning with Thorns

The Carrying of the Cross

The Crucifixion and Death

The **Five Glorious Mysteries** are traditionally prayed on the Wednesday and Sundays outside of Lent and Advent:

The Resurrection

The Ascension

The Descent of the Holy Spirit

The Assumption

The Coronation of Mary

The **Five Luminous Mysteries** are traditionally prayed on Thursdays:

The Baptism of Christ in the Jordan

The Wedding Feast at Cana

Jesus' Proclamation of the Coming of the Kingdom of God

The Transfiguration

The Institution of the Eucharist



Praying the Rosary

Make the Sign of the Cross.

Holding the Crucifix, say the *Apostles' Creed*.

On the first bead, say an *Our Father*.

Say three *Hail Marys* on each of the next three beads.

Say the *Glory Be*

For each of the five decades, announce the Mystery, then say the *Our Father*.

While fingering each of the ten beads of the decade, next say ten *Hail Marys* while meditating on the Mystery. Then say a *Glory Be*. (After finishing each decade, some say the following prayer requested by the Blessed Virgin Mary at Fatima: "O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those who have most need of your mercy.")

After saying the five decades, say the "Hail, Holy Queen, followed by this dialogue and prayer:

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose Only Begotten Son, by his life, Death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

We're on the web
at
www.kofc8240.org

Newsletter Disclaimer

Our Council newsletter is a quarterly publication of interest to members of the Knights of Columbus Council 8240 located in Chesapeake, Virginia. Each newsletter publication is distributed by electronic mail to all members and by surface mail to those members preferring a hard copy or do not have access to electronic mail. Input, suggestions, comments, etc... related to this publication should be directed to the newsletter editor Joseph Branco (joebranco@cox.net). The quarterly input deadline for subsequent newsletters is established as the 1st of the month-August, November, February, and May annually. The most recent edition of this newsletter can be found on the Council 8240 webpage at www.kofc8240.org.

Insurance / Field Agent

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Schedule a visit with Kevin to talk about Long Term Care Insurance



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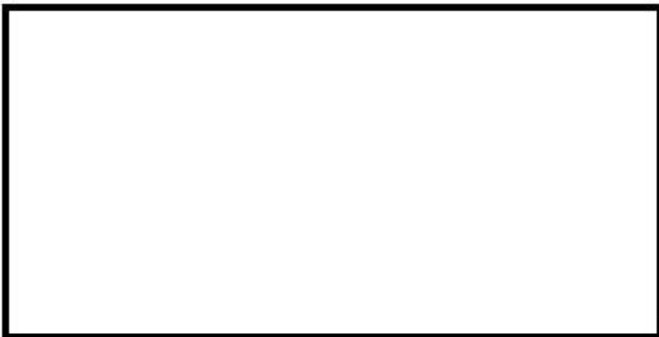
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Attn: Newsletter Editor

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